### **MEDICATION GUIDE**

# Lamotrigine (la moe' tri jeen) Tablets, USP Lamotrigine (la moe' tri jeen) Tablets

## for Oral Suspension, USP (Chewable, Dispersible Tablets)

#### Phenylketonurics:

Phenylalanine is a component of aspartame. Each lamotrigine tablet for oral suspension (chewable, dispersible tablets), 5 mg and 25 mg contains 0.7 mg of phenylalanine.

### What is the most important information I should know about Lamotrigine?

### Lamotrigine may cause a serious skin rash that may cause you to be hospitalized or even cause death.

There is no way to tell if a mild rash will become more serious. A serious skin rash can happen at any time during your treatment with lamotrigine, but is more likely to happen within the first 2 to 8 weeks of treatment. Children and teenagers aged between 2 and 17 years have a higher chance of getting this serious skin rash while taking lamotrigine.

The risk of getting a serious skin rash is higher if you:

- take lamotrigine while taking valproate [DEPAKENE® (valproic acid) or DEPAKOTE® (divalproex sodium)]
- take a higher starting dose of lamotrigine than your healthcare provider prescribed.
- increase your dose of lamotrigine faster than prescribed.

#### Call your healthcare provider right away if you have any of the following:

- a skin rash
- · blistering or peeling of your skin
- hives
- · painful sores in your mouth or around your eyes

These symptoms may be the first signs of a serious skin reaction. A healthcare provider should examine you to decide if you should continue taking lamotrigine.

## 2. Other serious reactions, including serious blood problems or liver problems.

Lamotrigine can also cause other types of allergic reactions or serious problems that may affect organs and other parts of your body like your liver or blood cells. You may or may not have a rash with these types of reactions. Call your healthcare provider right away if you have any of these symptoms:

- fever
- frequent infections
- · severe muscle pain
- · swelling of your face, eyes, lips, or tongue
- swollen lymph glands
- unusual bruising or bleeding
- · weakness, fatique
- yellowing of your skin or the white part of your eyes

## Like other antiepileptic drugs, lamotrigine may cause suicidal thoughts or actions in a very small number of people, about 1 in 500.

# Call a healthcare provider right away if you have any of these symptoms, especially if they are new, worse, or worry you:

- thoughts about suicide or dying
- attempt to commit suicide
- new or worse depression
- new or worse anxiety
- · feeling agitated or restless
- panic attacks
- trouble sleeping (insomnia)
- · new or worse irritability
- · acting aggressive, being angry, or violent
- acting on dangerous impulses
- an extreme increase in activity and talking (mania)
- other unusual changes in behavior or mood

# Do not stop lamotrigine without first talking to a healthcare provider.

- Stopping lamotrigine suddenly can cause serious problems.
- Suicidal thoughts or actions can be caused by things other than medicines. If you have suicidal
  thoughts or actions, your healthcare provider may check for other causes.

# How can I watch for early symptoms of suicidal thoughts and actions in myself or a family member?

- Pay attention to any changes, especially sudden changes, in mood, behaviors, thoughts, or feelings.
- Keep all follow-up visits with your healthcare provider as scheduled.

- Call your healthcare provider between visits as needed, especially if you are worried about symptoms.
- 4. Lamotrigine may cause aseptic meningitis, a serious inflammation of the protective membrane that covers the brain and spinal cord.

Call your healthcare provider right away if you have any of the following symptoms:

- headache
- fever
- nausea
- vomiting
- stiff neck
- rash
- unusual sensitivity to light
- muscle pains
- · chills
- confusion
- drowsiness

Meningitis has many causes other than lamotrigine, which your doctor would check for if you developed meningitis while taking lamotrigine.

**Lamotrigine can cause other serious side effects.** For more information ask your healthcare provider or pharmacist. Tell your healthcare provider if you have any side effect that bothers you. Be sure to read the section below entitled "What are the possible side effects of lamotrigine?"

5. People prescribed lamotrigine have sometimes been given the wrong medicine because many medicines have names similar to lamotrigine, so always check that you receive lamotrigine.

Taking the wrong medication can cause serious health problems. When your healthcare provider gives you a prescription for lamotrigine:

- Make sure you can read it clearly.
- Talk to your pharmacist to check that you are given the correct medicine.
- Each time you fill your prescription, check the tablets you receive against the pictures of the tablets below.

These pictures show the distinct wording, colors, and shapes of the tablets that help to identify the right strength of lamotrigine tablets and lamotrigine tablets for oral suspension (chewable, dispersible tablets). Immediately call your pharmacist if you receive a lamotrigine tablet that does not look like one of the tablets shown below, as you may have received the wrong medication.

### **Lamotrigine Tablets**

Lamotrigine rapiets							
ZC 79	ZC 90	ZC 80	ZC 81	ZC 82	ZC 91		
25 mg, white to off-white	50 mg, white to off-white	100 mg, white to off-white	150 mg, white to off-white	200 mg, white to off-white	250 mg, white to-off white		
One side of the bisect is debossed with "ZC" and other side is debossed with "79"	One side of the bisect is debossed with "ZC" and other side is debossed with "90"	One side of the bisect is debossed with "ZC" and other side is debossed with "80"	One side of the bisect is debossed with "ZC" and other side is debossed with "81"	One side of the bisect is debossed with "ZC" and other side is debossed with "82"	One side of the bisect is debossed with "ZC" and other side is debossed with "91"		

#### Lamotrigine Tablets for Oral Suspension (Chewable, Dispersible Tablets)

5 mg, white to off-white	25 mg, white to off-white			
One side of the bisect is debossed with "Z" and other side is debossed with "13"	Debossed with "Z" and "12" on one side			

#### What is lamotrigine?

Lamotrigine is a prescription medicine used:

- together with other medicines to treat certain types of seizures (partial-onset seizures, primary generalized tonic-clonic seizures, generalized seizures of Lennox-Gastaut syndrome) in people aged 2 years and older.
- alone when changing from 1 other medicine used to treat partial-onset seizures in people aged 16 years and older.
- o for the long-term treatment of bipolar I disorder to lengthen the time between mood episodes in people who have been treated for mood episodes with other medicine.
- It is not known if lamotrigine is safe or effective in people younger than 18 years with mood episodes such as bipolar disorder or depression.
- It is not known if lamotrigine is safe or effective when used alone as the first treatment of seizures.
- It is not known if lamotrigine is safe or effective for people with mood episodes who have not already been treated with other medicines.
- Lamotrigine should not be used for acute treatment of manic or mixed mood episodes.

#### Do not take lamotrigine:

if you have had an allergic reaction to lamotrigine or to any of the inactive ingredients in lamotrigine.
 See the end of this leaflet for a complete list of ingredients in lamotrigine.

# Before taking lamotrigine, tell your healthcare provider about all of your health conditions, including if you:

- have had a rash or allergic reaction to another antiseizure medicine.
- · have or have had depression, mood problems, or suicidal thoughts or behavior.
- have had aseptic meningitis after taking lamotrigine.
- are taking oral contraceptives (birth control pills) or other female hormonal medicines. Do not
  start or stop taking birth control pills or other female hormonal medicine until you have talked
  with your healthcare provider. Tell your healthcare provider if you have any changes in your
  menstrual pattern such as breakthrough bleeding. Stopping these medicines while you are
  taking lamotrigine may cause side effects (such as dizziness, lack of coordination, or double
  vision). Starting these medicines may lessen how well lamotrigine works.
- are pregnant or plan to become pregnant. It is not known if lamotrigine may harm your unborn baby. If you become pregnant while taking lamotrigine, talk to your healthcare provider about registering with the North American Antiepileptic Drug Pregnancy Registry. You can enroll in this registry by calling 1-888-233-2334. The purpose of this registry is to collect information about the safety of antiepileptic drugs during pregnancy.
- are breast-feeding. Lamotrigine passes into breast milk and may cause side effects in a
  breastfed baby. If you breastfeed while taking lamotrigine, watch your baby closely for trouble
  breathing, episodes of temporarily stopping breathing, sleepiness, or poor sucking. Call your
  baby's healthcare provider right away if you see any of these problems. Talk to your healthcare
  provider about the best way to feed your baby if you take lamotrigine.

**Tell your healthcare provider about all the medicines you take,** including prescription and overthe-counter medicines, vitamins, and herbal supplements. Lamotrigine and certain other medicines may interact with each other. This may cause serious side effects.

Know the medicines you take. Keep a list of them to show your healthcare provider and pharmacist when you get a new medicine.

### How should I take lamotrigine?

- · Take lamotrigine exactly as prescribed.
- Your healthcare provider may change your dose. Do not change your dose without talking to your healthcare provider.
- Do not stop taking lamotrigine without talking to your healthcare provider. Stopping lamotrigine suddenly may cause serious problems. For example, if you have epilepsy and you stop taking lamotrigine suddenly, you may have seizures that do not stop. Talk with your healthcare provider about how to stop lamotrigine slowly.
- If you miss a dose of lamotrigine, take it as soon as you remember. If it is almost time for your next dose, just skip the missed dose. Take the next dose at your regular time. Do not take 2 doses at the same time.
- If you take too much lamotrigine, call your healthcare provider or your local Poison Control Center or go to the nearest hospital emergency room right away.
- You may not feel the full effect of lamotrigine for several weeks.
- If you have epilepsy, tell your healthcare provider if your seizures get worse or if you have any new types of seizures.
- Swallow lamotrigine tablets whole.
- If you have trouble swallowing lamotrigine tablets, tell your healthcare provider because there
  may be another form of lamotrigine you can take.
- Lamotrigine Tablets for oral suspension (chewable, dispersible tablets) may be swallowed
  whole, chewed, or mixed in water or fruit juice mixed with water. If the tablets are chewed,
  drink a small amount of water or fruit juice mixed with water to help in swallowing. To break up
  Lamotrigine Tablets for oral suspension (chewable, dispersible tablets), add the tablets to a
  small amount of liquid (1 teaspoon, or enough to cover the medicine) in a glass or spoon. Wait

at least 1 minute or until the tablets are completely broken up, mix the solution together, and take the whole amount right away.

#### What should I avoid while taking lamotrigine?

Do not drive, operate machinery, or do other dangerous activities until you know how lamotrigine affects you.

# What are the possible side effects of lamotrigine? Lamotrigine can cause serious side effects.

See "What is the most important information I should know about lamotrigine?" Common side effects of lamotrigine include:

dizziness • sleepiness tremor • back pain

headache • nausea, vomiting

rash • diarrhea
blurred or double vision • tiredness
fever • insomnia
lack of coordination • dry mouth
abdominal pain • stuffy nose

These are not all the possible side effects of lamotrigine.

infections, including seasonal flu

# Call your doctor for medical advice about side effects. You may report side effects to FDA at 1-800-FDA-1088.

sore throat

#### How should I store lamotrigine?

- Store lamotrigine at room temperature between 68°F and 77°F (20°C and 25°C).
- Keep lamotrigine and all medicines out of the reach of children.

## General information about the safe and effective use of lamotrigine

Medicines are sometimes prescribed for purposes other than those listed in a Medication Guide. Do not use lamotrigine for a condition for which it was not prescribed. Do not give lamotrigine to other people, even if they have the same symptoms that you have. It may harm them.

If you take a urine drug screening test, lamotrigine may make the test result positive for another drug. If you require a urine drug screening test, tell the healthcare professional administering the test that you are taking lamotrigine.

You can ask your healthcare provider or pharmacist for information about lamotrigine that is written for health professionals.

Please address medical inquiries to, MedicalAffairs@zydususa.com or Tel.: 1-877-993-8779.

# What are the ingredients in Lamotrigine? Lamotrigine Tablets

Active ingredient: lamotrigine, USP.

Inactive ingredients: lactose monohydrate, magnesium stearate, microcrystalline cellulose, povidone and sodium starch glycolate.

## Lamotrigine Tablets for Oral Suspension (Chewable, Dispersible Tablets)

Active ingredient: lamotrigine, USP.

Inactive ingredients: aspartame, croscarmellose sodium, flavour black currant, magnesium stearate, mannitol, microcrystalline cellulose, silicon dioxide and tribasic calcium phosphate.

Medication Guide available at www.zydususa.com/medguides or call 1-877-993-8779.

#### This Medication Guide has been approved by the U.S. Food and Drug Administration.

DEPAKENE and DEPAKOTE are registered trademarks of Abbott Laboratories.

Manufactured by:Distributed by:Cadila Healthcare Ltd.Zydus Pharmaceuticals (USA) Inc.IndiaPennington, NJ 08534

Rev.: 09/20